



Subject:	Motion – Nutrition Support for Children in Out-of-Hours School Clubs
Date:	22 November 2019
Reporting Officer:	John Walsh, City Solicitor/Director of Legal and Civic Services
Contact Officer:	Jim Hanna, Senior Democratic Services Officer

Restricted Reports	
Is this report restricted?	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
If Yes, when will the report become unrestricted?	
After Committee Decision	<input type="checkbox"/>
After Council Decision	<input type="checkbox"/>
Sometime in the future	<input type="checkbox"/>
Never	<input type="checkbox"/>

Call-in	
Is the decision eligible for Call-in?	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>

1.0	Purpose of Report/Summary of Main Issues
1.1	To consider a motion on Nutrition Support for Children in Out-of-Hours School Clubs, which was referred to the Committee by the Council at its meeting on 4 th November.
2.0	Recommendation
2.1	The Committee is requested to: <ul style="list-style-type: none">• Consider the motion and if the proposal agreed a report on how this would be facilitated, resourced and managed will be brought back.
3.0	Main Report
3.1	At the Council meeting on 4 th November, the following motion was proposed by Councillor Black and seconded by Councillor McAteer: <i>“Practical healthy eating, supported by positive influence around lifelong food choices, improves children’s wellbeing in physical and mental terms, including their ability to concentrate and learn.</i>

Good nutrition is essential for children to grow properly, do their best in school and be healthy and happy in the future. (Education Authority).

A World Health Organisation commission has described childhood obesity as a 'growing epidemic'. Department of Health survey statistics indicate that 25% of children in this region are deemed to be overweight or obese. The estimated costs of healthcare attached to weight problems are around £450 million, representing 2.8% of total healthcare expenditure.

Small changes across a range of arenas can help to turn the tide. Implementing healthy snack choices, as part of the daily routine, significantly increases the capacity of positive choices becoming embedded, ultimately, resulting in wider savings to the health sector.

Belfast City Council supports a range of services and programmes for children, including Summer Schemes and Out-of-Hours School Clubs in areas facing disadvantage and food poverty.

Such spaces provide daily opportunities for children to undertake physical activity, learning and play. It is worth noting the capacity for such spaces to further improve the health of children via the provision of small healthy snacks.

It is within this Council's gift to contribute to the improvement of quality of daily life for children and to cement children's positive relationship with food and nutrition.

Accordingly, the Council agrees that a report, looking at clubs located in areas of disadvantage and the potential for such spaces to incorporate healthy snacks, as part of out of school hours provision during both term and non-term time, be prepared."

3.2 In accordance with Standing Order 13(f), the motion was referred without debate to the Strategic Policy and Resources Committee.

3.3 **Financial and Resource Implications**

None associated with this report.

3.4 **Equality or Good Relations Implications/Rural Needs Assessment**

None

4.0	Appendices - Documents Attached
	None